



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

(Menu Option 1wnh)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Margherita Pizza Slice (v) Sweet Potato Fries (vg)	Classic Penne Pasta Carbonara Garlic Bread (v)	Oven Baked Sausage Roll Chopped Mixed Salad (vg) Baked Beans (vg)	Crispy Chicken Burger Seasoned Wedges (vg)	Golden Breaded Fish Star Chips (vg)
Main Course	Oven Baked Quesadilla (v) Sweet Potato Fries (vg)	Sizzling Sausage (v) Mashed Potato (v)	Golden Cheese & Potato Roll (v) Chopped Mixed Salad (vg) Baked Beans (vg)	Mighty Quorn Cheeseburger (v) Seasoned Wedges (vg)	Classic Spanish Omelette (v) Chips (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Muffin (v)	Vanilla Melting Moment Cookie (v)	Fruity Flapjack with Custard (v)	Frozen Yoghurt (v)	Steamed Syrup Sponge with Custard (v)

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Margherita Pizza Slice (v) Seasoned Wedges (vg)	Hot Roast Turkey Stottie with Stuffing (v) Skin on Roast Potatoes (vg)	Hearty Beef Bolognese with Spaghetti, Focaccia Bread (v) Chopped Mixed Salad (vg)	Sizzling Sausage Yorkshire Pudding Mashed Potato (v)	Golden Fish Fingers or Salmon Bites Chips (vg)
Main Course	Penne Pasta with Homemade Tomato & Basil Sauce (v) Crusty Bread (v)	Hot Roast Quorn Stottie (v) with Stuffing (v) Skin on Roast Potatoes (vg)	Hearty Bolognese with Spaghetti (v) Focaccia Bread (v) Chopped Mixed Salad (vg)	Sizzling Quorn Sausage Yorkshire Pudding (v) Mashed Potato (v)	Crunchy Rainbow Fingers (v) Chips (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Marble Muffin (v)	Mandarins in Jelly with Creamy Topping (v)	Fruity Oat Cookie (v)	Banana Cake with Custard (v)	Rock Cake Jammie Dodger (v)

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Margherita Pizza Slice (v) Chopped Salad (vg) Cucumber & Carrot Sticks (vg)	Classic Mild Chicken Korma Curry, Naan Bread (v) Steamed Mixed Rice (vg)	Hearty Minced Beef and Dumpling Mashed Potato (v)	Golden Roast Chicken with Sage & Onion Stuffing Roast Potatoes (v)	Crispy Battered Fish Fillet Chips (vg)
Main Course	Crunchy Dippers (v) Chopped Salad (vg) Cucumber & Carrot Sticks (vg)	Golden Cheese & Bean Melt (v) Roast Potatoes (v)	Classic Pasta Pomodoro (v) Garlic Dough Ball (v)	Golden Quorn Fillet with Stuffing (v) Roast Potatoes (v)	Crispy Quorn Nuggets (vg) Chips (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Brownie (v)	Orange Sponge with Chocolate Custard (v)	Lemon Muffin (v)	Ice Cream with Shortbread Finger (v)	Mixed Fruit Cookie (v)

Week 1	Week 2	Week 3
2 Sept 24	9 Sept 24	16 Sept 24
23 Sept 24	30 Sept 24	7 Oct 24
14 Oct 24	21 Oct 24	4 Nov 24
11 Nov 24	18 Nov 24	25 Nov 24
2 Dec 24	9 Dec 24	16 Dec 24
6 Jan 25	13 Jan 25	20 Jan 25
27 Jan 25	3 Feb 25	10 Feb 25
17 Feb 25		

CHOICE OF DRINKS:

Fruit juice
Reduced fat milk
Chilled water

Menus are subject to availability
(v)suitable for vegetarians (vg)
vegan diets

Newcastle
City Council